

GUIDE TO CNY PARKS, GARDENS, AND TRAILS

Explore the beauty of Central New York with gorgeous gorges, hiking trails, parks, gardens, and more hidden gems!



Gardens



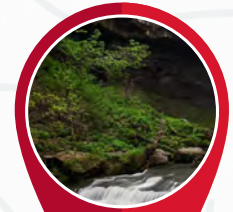
Trails



Parks



Nature and Art Centers



Waterfalls



Cornell Botanic Gardens

124 Comstock Knoll Dr.
Ithaca, N.Y. 14850
Tompkins County | **FREE**

Explore the beauty and serenity of the gardens, arboretum, and natural areas at one of America's most celebrated universities.

cornellbotanicgardens.org



Iris Country Gardens

2202 Austin Rd. | Geneva, N.Y. 14456
Ontario County | **FREE**

A nationally renowned garden flocked to by painters and photographers alike, these Iris and Peony gardens are a stunning masterpiece of flowers and fragrance.

alignable.com/geneva-ny/borglums-iris-gardens

Lockwood Lavender Farm

1682 W. Lake Rd. | Skaneateles, N.Y. 13152
Onondaga County | **FREE**

Established in 1854 on a hillside overlooking Skaneateles Lake, this 120-acre flower farm grows 20 varieties of Lavender and harvests them to create oils, cosmetics, fragrances, decorations, and crafts.

lockwoodfarm.blogspot.com

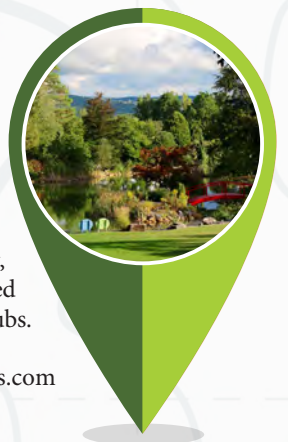


Sycamore Hill Gardens

2130 Old Seneca Turnpike
Marcellus, N.Y. 13108
Onondaga County | **FREE**

Originally a dairy farm, this 40-acre landscape has been transformed into a natural sanctuary, featuring a mix of Asian and European styled hedges, ponds, bridges, and shrubs.

sycamorehillgardens.com



DID YOU KNOW?

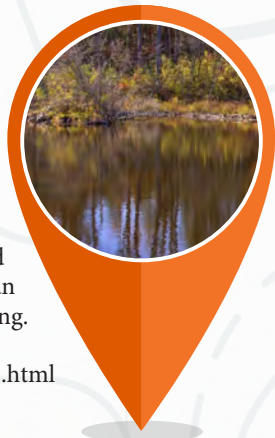
215 | New York has 215 state parks and historic sites encompassing 350,000 acres.

Bear Swamp State Forest Park

Hartnett Rd. | Moravia, N.Y. 13118
Cayuga County | **FREE**

With more than 14 miles of trails for hikers, snowshoers, and skiers, this park also bisects a large wetland and creek, making it the perfect location for an afternoon of paddling and fishing.

dec.ny.gov/lands/34420.html

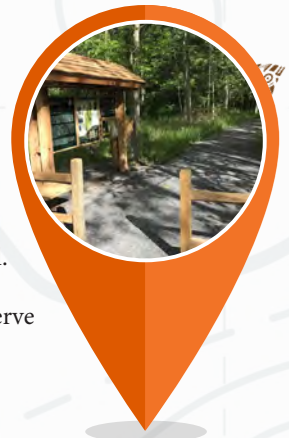


Bishop Nature Preserve

Boody's Hill Rd. | Waterloo, N.Y. 13165
Seneca County | **FREE**

The gently sloping trails adjoin state land and serve as an entry point to the Cayuga-Seneca Canal Trail.

flt.org/preserves/bishop-nature-preserve

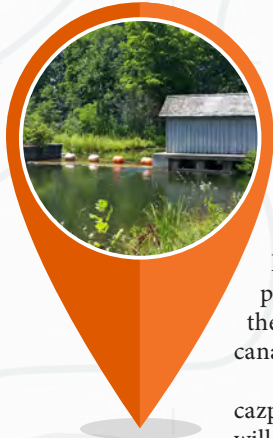


Cazenovia Preservation Foundation Willow Patch Trail

20 Co. Hwy. 65 | Cazenovia, N.Y. 13035
Madison County | **FREE**

For 50 years, the Cazenovia Preservation Foundation has protected wildlife and preserved local farmland. Located right in the Village of Cazenovia, the trail runs along a canal and through the surrounding fields.

cazpreservation.org/trails/carpenters-pond-willow-patch

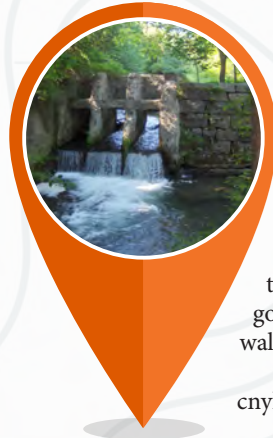


Charlie C. Major Nature Trail

Charlie Major Nature Trail
Skaneateles, N.Y. 13152
Onondaga County | **FREE**

This trail was originally the Skaneateles Short Line Railroad that operated three miles of tracks between 1840–1981. Today, the rails are gone but the trail remains, offering a beautiful walk along Skaneateles Creek.

cnyhiking.com/CharlieMajorNatureTrail.htm

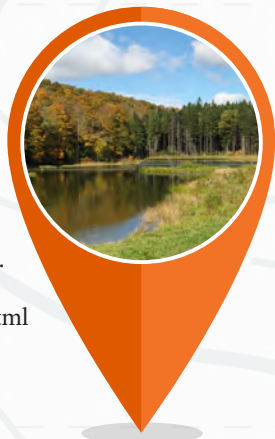


Morgan Hill State Forest

Morgan Hill Rd. | Cortland, N.Y. 13045
Onondaga County | **FREE**

Open year-round, the Morgan Hill State Forest offers 11 miles of trails, making it a popular hiking and camping spot for families.

dec.ny.gov/lands/37115.html

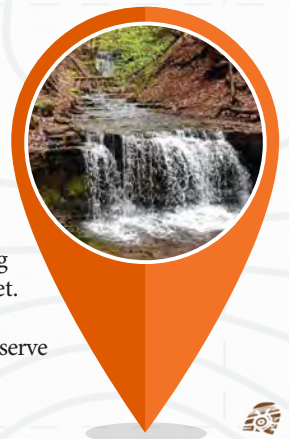


Ripley Hill Nature Preserve

Ripley Hill Rd. | Homer, N.Y. 13077
Cortland County | **FREE**

This preserve is the highest point in the Skaneateles Lake watershed and third highest point in Onondaga County, sitting comfortably at 1,968 feet.

cnylandtrust.org/preserve/ripley-hill-nature-preserve

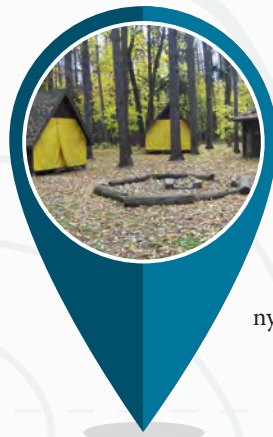
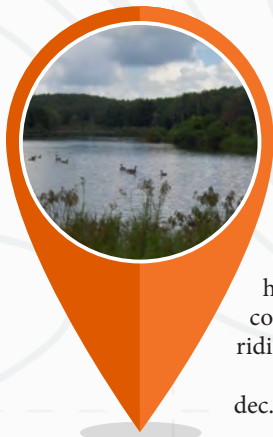


Stoney Pond State Forest

Stoney Pond Rd. | Erieville, N.Y. 13061
Madison County | **FREE**

Originally founded as a natural habitat in the 1950s, this forest now serves as a great location for every type of outdoor activity: hiking, paddling, camping, fishing, cross-country skiing and snowshoeing, horseback riding, snowmobiling, and hunting.

dec.ny.gov/lands/8111.html



Beechwood State Park

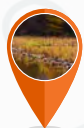
7563 Lake Rd. | Sodus, N.Y. 14551
Wayne County | **FREE**

Hikers can explore the ruins of this former Girl Scout Camp that has been reclaimed by lush lakefront wildlife.

nyfalls.com/lakes/ontario/beechwood-state-park



Gardens



Trails



Parks



Nature and Art Centers



Waterfalls

Cayuga Lake State Park

2678 Lower Lake Rd.
Seneca Falls, N.Y. 13148
Seneca County | \$7/Car

Take the family camping on Cayuga Lake, which offers flat lakeshore terrain, beautiful lake views, a swimming beach, fishing, a playground, and wooded forests for hunters and hikers.

parks.ny.gov/parks/123

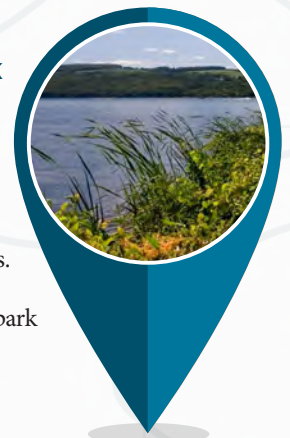


Otisco Lake Park

2525 Otisco Valley Rd. | Marietta, N.Y. 13110
Onondaga County | FREE

This quiet lake park offers ample walking space among the majestic evergreen trees and hundreds of feet of fishing access.

onondagacountyparks.com/parks/otisco-lake-park



Seneca Lake State Park

1 Lake Front Dr. | Geneva, N.Y. 14456
Seneca County | \$7/Car

Enjoy a summer day swimming in the sparkling blue waters of Seneca Lake, with a playground and picnic facilities, as well as the first Sprayground Water Park in the NYS Parks system.

parks.ny.gov/parks/125/hunting.aspx



Lake Shore Marshes Wildlife Management Area

Fields Hill Rd. | Red Creek, N.Y. 13143
Wayne County | FREE

With more than 6,000 acres along the shores of Lake Ontario, this wildlife management area draws hikers, fishers, and hunters looking for a quiet setting.

dec.ny.gov/outdoor/24441.html

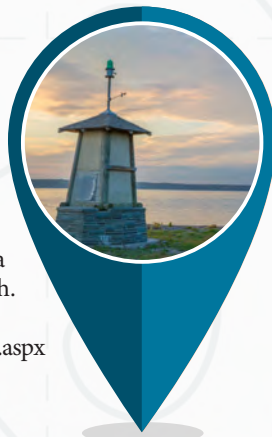


Long Point State Park

2063 Lake Rd. | Aurora, N.Y. 13026
Cayuga County | \$7/Car

Located on the East Shore of Cayuga Lake, this scenic park offers a swimming area, fishing access, 4.5 miles of trails, a playground, and a four-lane boat launch.

parks.ny.gov/parks/longpointfingerlakes/maps.aspx

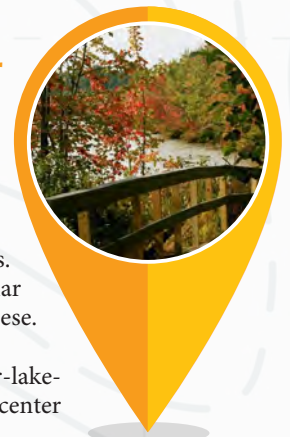


Beaver Lake Nature Center

8477 E. Mud Lake Rd.
Baldwinsville, N.Y. 13027
Onondaga County | \$5/Car

Explore nine miles of trails that house 200 species of birds and 800 varieties of plants. The 200-acre glacial lake is also a popular migratory stop-off for Canada geese.

onondagacountyparks.com/parks/beaver-lake-nature-center

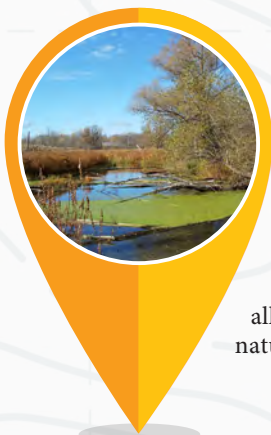


Blue Cut Nature Center

7210 NY-31 | Lyons, N.Y. 14489
Wayne County | FREE

Birdwatchers, runners, and dog-walkers will love the quiet 1.3-mile loop along the pond and beautiful wildflowers.

alltrails.com/trail/us/new-york/blue-cut-nature-center-trails

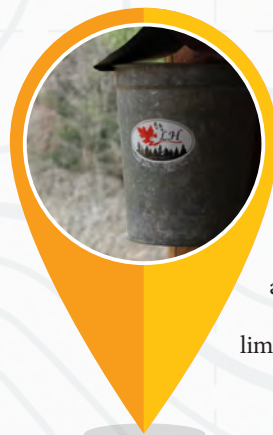


Lime Hollow Nature Center

338 McLean Rd. | Cortland, NY 13045
Cortland County | FREE

Since 1993, this nature center has offered 472 acres of trails through rolling hills and glacial valleys, with a wide variety of flora and fauna displayed across the forests.

limehollow.org



Gardens

Trails

Parks

Nature and Art Centers

Waterfalls

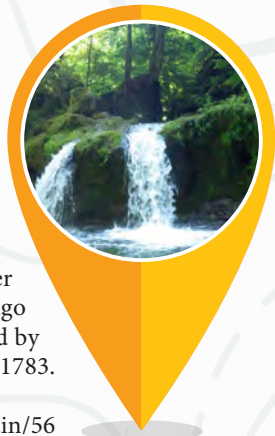


Robert B. Woodruff Outdoor Learning Center

2316 State Rte. 80 | Van Hornesville, N.Y. 13475
Herkimer County | **FREE**

Situated adjacent to the Owen D. Young Central School, the outdoor learning center offers 50 acres in the gorge of Otsquago Creek, featuring an 18th century trail used by George Washington in 1783.

odyoungcsd.org/domain/56



Sterling Nature Center

15730 Jenvold Rd. | Sterling, N.Y. 13156
Cayuga County | **FREE**

Spend the afternoon on the shores of Lake Ontario exploring the nature preserves, with trails leading through meadows, bluffs, woodlands, gardens, and wetlands..

cayugacounty.us/446/Sterling-Nature-Center



Wolf Mountain Nature Center

562 Hopkins Crandall Rd.
Smyrna, N.Y. 13464
Chenango County | **FREE**

This non-profit center is dedicated to protecting endangered species of wolves, and educating the community about wolves, coyotes, and foxes.

thewolfmountainnaturecenter.org

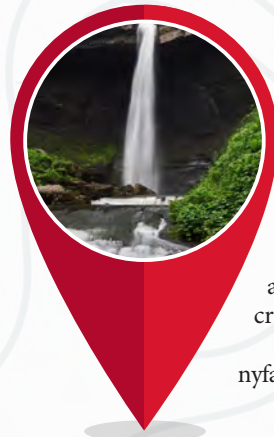


Carpenter Falls

5986-6062 Appletree Pt.
Moravia, N.Y. 13118
Cayuga County | **FREE**

Short but challenging, this one-mile trail is not for the beginner. Though the views are beautiful, the trail will venture into the creek and require climbing at some points.

nyfalls.com/waterfalls/carpenter-falls

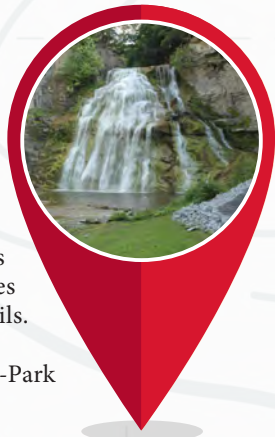


Delphi Falls County Park

2006 Cardner Rd. | Cazenovia, N.Y. 13035
Madison County | **FREE**

Opened in 2018, this new park offers two waterfalls that you can view from the lower basin. Currently, the park is under development to construct facilities and additional trails.

madisoncounty.ny.gov/2312/Delphi-Falls-Park

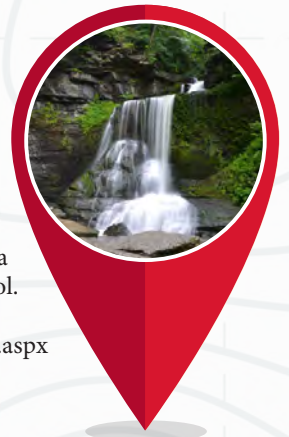


Filmore Glenn State Park

1686 NY-38 | Moravia, N.Y. 13118
Cayuga County | **\$7/Car**

This local favorite is an oasis of biodiversity and dense woods. Take the scenic gorge trail that tours five different waterfalls and go for a dip in the stream-fed swimming pool.

parks.ny.gov/parks/fillmoreglen/details.aspx



Pixley Falls State Park

11430 State Rte. 46 | Boonville, N.Y. 13309
Oneida County | **FREE**

Adventurers from all across Central New York are drawn to this park for its picturesque 50-foot waterfall. The trails also feature picnic areas, steep wooded hills, and a mountain stream.

parks.ny.gov/parks/pixleyfalls/maps.aspx

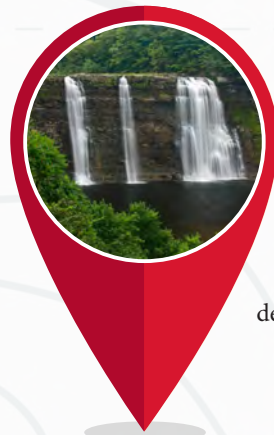


Salmon River Falls Unique Area

Salmon River Falls | Orwell, N.Y. 13302
Oswego County | **FREE**

This scenic gorge hosts a 110-foot waterfall, making it a popular destination for adventurers in Oswego County.

dec.ny.gov/lands/63578.html



Gardens

Trails

Parks

Nature and Art Centers

Waterfalls