

Maternal Mental Health Follow-up Support



Serving Pregnant & Parenting Families in Central New York



Identifying Family Needs

Most women and many men may experience mental health symptoms before, during, and after pregnancy, due to the stress of this major life change.



Providing Support

This program will provide mental health support by phone, and connect parents with referrals and other support services. Follow-up calls are also an effective way to promote parent and child health.



How to Refer

Providers and consumers can learn more about this free program by calling

315.551.7235



FOOD



FINANCES



MEDICAL



HOUSING



MENTAL HEALTH

Growing families have so many needs. This program can provide emotional support and help you to identify services.

Free, confidential, 24/7 mental health support for families before, during, and after pregnancy.

315.551.7235