The Human Body and Life Cycle examines the systems of the human body, human development, and the characteristics that make every human unique. Crash Course summarizes the body's anatomy and physiology in a fun and engaging series. Students can better understand adolescent development by analyzing the high school start time debate. Even examine how students struggle with gender dysphoria in a video, discussion questions, vocabulary, and additional support materials. Genetics, gender, and sexual orientation are also examined in The Human Body and Life Cycle.

Topics and resources in the following areas:

- The Human Body
- The Life Cycle
- Human Differences