

Southern Greens Salad with Sorghum Vinaigrette

Vinaigrette

Ingredients

- 1/3 cup extra virgin olive oil
- 3 tablespoons apple cider vinegar
- 3 teaspoons minced shallot
- 3 teaspoons sorghum or molasses

11/2 teaspoons Dijon mustard

1 teaspoon salt

Pinch freshly ground black pepper

Salad

Ingredients

6 cups of tender, baby greens (arugula, baby kale, baby collards)

4 tablespoons, coarsely chopped pecans

Ingredients for Taste of Fame 2020 are subject to change.

Vinaigrette for Taste of Fame 2020 is pre-made.

You can use this recipe card for future preparation.

Serves: 4

Directions

Whisk all ingredients together until evenly combined.

Directions

Toss greens and pecans with vinaigrette. Serve immediately.



Curry with Yams & Swiss Chard

Ingredients

- 1 cup long grain rice
- 2 tablespoons oil (canola, vegetable, olive, etc.)
- 1 large red onion, julienned
- 6 cloves garlic, thinly sliced
- 2 inch piece ginger, finely chopped
- 2 teaspoons ground turmeric
- 1 teaspoon salt
- 1 teaspoon ground cumin
- 1/4 teaspoon cayenne pepper
- 2 tablespoons tomato paste

Ingredients for Taste of Fame 2020 are subject to change.

Serves: 1-4

- 2 cans unsweetened coconut milk
- serrano pepper, seeds removed and finely chopped
- 2 garnet sweet potatoes, peeled and cut into 1-inch pieces
- 2 cups packed swiss chard, chopped
- 1 pound of cooked shrimp or tofu or chicken, cut into large chunks
- 2 tablespoons fresh cilantro leaves
- 1 lime

Directions

First, cook the rice. Combine the rice with 1 ¼ cup of water in a medium saucepan and season with salt. Bring to a boil. Once boiling, decrease the heat to low and cover. Cook without lifting the lid for 18 minutes. Remove from heat and let stand, still covered, for 15 minutes. Keep warm while preparing the curry.

Place the oil into a large 6-quart Dutch oven or large, heavy-bottomed pot, set over medium high heat. When the oil shimmers, add the onion, garlic, ginger, turmeric, and salt and cook, stirring often and scraping up browned bits, until the onion is translucent, about 5 minutes. Add the cumin, cayenne, and tomato paste and cook until the paste darkens in color, about 3 minutes.

Add the coconut milk, serrano pepper, 1 cup water, and sweet potatoes and bring to simmer. Decrease the heat, cover and cook for 15 minutes or until potatoes are almost tender.

Add the Chard and continue cooking for 2 to 3 minutes. Add the protein and cook until heated through and the greens are wilted, 2 to 3 minutes more. If you selected two proteins, you will need two pots. Separate the stew into two pots and add the proteins to each.

Serve over rice, topped with cilantro and lime wedges on the side.



DESSERT

Red Velvet Cookies



Ingredients for Taste of Fame 2020 are subject to change. Cookie dough for Taste of Fame 2020 is pre-made. You can use this recipe card for future preparation.

Keep dough frozen. Cut into slices, and place on greased cookie sheet.

Serves: 18

Ingredients

11/2 cups all-purpose flour

2 tablespoons cocoa powder

1 teaspoon cornstarch

½ teaspoon baking powder

½ teaspoon salt

4 oz. butter, softened

1 cup granulated sugar

1 teaspoon distilled white vinegar

1 large egg

1½ teaspoon vanilla extract

1½ red food coloring

3/4 cup white chocolate chips

Directions

In a medium bowl, mix the flour, cocoa powder, cornstarch, baking powder and salt until evenly combined.

In a stand mixer, cream the butter, sugar and vinegar on high until the mixture is light and fluffy, about 3 minutes. Mix the egg, food coloring and vanilla into the butter mixture until combined. With the mixer on low, slowly add the dry ingredients until everything is evenly mixed together. Fold in the white chocolate chips.

Lay out a large piece of plastic wrap on the counter and transfer the dough to it. Form the dough into a 1-inch

diameter log, and wrap it tightly with the plastic wrap. Freeze for 2 hours.

Preheat the oven to 375 F. Take out the dough from the freezer. Remove the plastic wrap and slice the dough into 3/4 inch discs. Transfer cookies to a parchment lined baking sheet, making sure to leave a few inches in between each one.

Place the baking sheet in the oven and bake for 9-11 minutes. Once fully baked, transfer to a wire rack to cool completely.