Spectacular Sights in New York State

As spring blossoms in New York, seize the opportunity to explore and appreciate all that the state's parks have to offer! With numerous locations offering unique pastimes, there's something for everyone. Whether you crave a serene weekend by the water or seek thrilling outdoor adventures, these parks cater to a variety of interests.

Did You Know?

There are over 200 state parks in New York.



Alanna Manning Public Relations & Social Media Intern



Scenes of the Region **Photography Contest**

Get connected to the region and show your love for beautiful Central New York! Submit your spring scene NOW-May 6 at wcny.org/scenesoftheregion for your chance to win an Amazon gift card.

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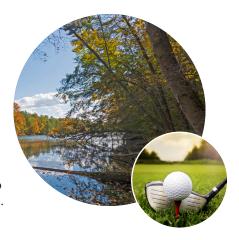


Broome County

Chenango Valley State Park 153 State Park Road, Chenango Forks, NY 13746

Spend the day exploring an ice age wonder at Chenango Valley State Park this spring! With two kettle lakes, woodland trails, campsites, cabins, playgrounds, a golf course,

and more, there's something for the whole family to enjoy. The park is the perfect place to birdwatch, offering a relaxing spring day for all.



Cayuga County

Fillmore Glen State Park

1686 State Route 38, Moravia, NY 13118

If you're looking to get outside while the weather is warm, stop by Fillmore Glen State Park and check out its variety of outdoor offerings! With hiking trails offering stunning views, captivating waterfalls, numerous campsites, a stream-fed swimming pool, and more, the park offers many opportunities for a fun day in the sun. Extend your adventure by booking a stay at the full-service cottage nestled on the shores of Cayuga Lake at Long Point.



One of the oldest state parks in New York, Cedar Point State Park has all your outdoor activity needs! Featuring prime locations for camping, fishing, boating, and swimming, you're sure to create lasting memories during your enjoyable getaway. The park also boasts an overlook area, perfect for watching ocean-going freighters as they pass by.



Lewis County

Whetstone Gulf State Park

6065 West Road, Lowville, NY 13367

Located in and around a three-mile-long gorge on the edge of Tug Hill Plateau, Whetstone Gulf State Park is a tremendously scenic spot for camping, swimming, hiking, and canoeing. For a perfect blend of adventure and relaxation, consider packing a picnic to enjoy with friends and family after exploring the area.



Onondaga County

Oneida Shores County Park

9400 Bartell Road, Brewerton, NY 13029

If you're in search of a quick getaway that's perfect for the whole family, look no further!
Whether you're looking to plan an action-packed or relaxing day, Oneida Shores
County Park offers everything you need for a memorable trip! Relax and take in the stunning beach views, enjoy a game of volleyball on the courts, or venture out for a boating excursion on the water. However you choose to spend your day, you're guaranteed to have an amazing time at this park!



Otsego County

Gilbert Lake State Park

18 CCC Road, Laurens, NY 13796

Stop by Gilbert Lake State Park this spring for an unforgettable experience of hiking, swimming, boating, and more! The park offers over 12 miles of interconnecting trails in wooded, hilly terrain, playgrounds, a disc golf course, and numerous other amenities. End your day by unwinding in one of their various cabins or campsites!



Seneca Lake State Park is an ideal destination for a warm spring day with the kids. With playgrounds and a sprayground consisting of over 100 water jets, the first of its kind in New York State parks, children will be entertained all day long! The park also offers marinas and designated areas for swimming and picnicking, making it a perfect getaway spot for visitors of all ages!



Tompkins County

Robert H. Treman State Park

105 Enfield Falls Road, Ithaca, NY 14850

Escape to the breathtaking natural landscapes of Robert H. Treman State Park! Embark on a scenic hike through the gorge, passing by 12 magnificent waterfalls, including the awe-inspiring 115-foot Lucifer Falls. Conclude your day with a refreshing dip in a stream-fed pool beneath a waterfall! Whether you prefer tent sites, RV sites, or cozy cabins, the park offers accommodations to suit all your camping needs.



Greek Chickpea Pasta Salad 4 Servings

Make this Greek chickpea salad recipe for a lighter, portable dish perfect for beach days or picnics.

Ingredients

- 1 cup dry elbow macaroni
- ¾ cup chickpeas, drained and rinsed
- 1 6 oz. jar quartered artichoke hearts
- ½ cup chopped olives
- 1 tsp. dried oregano
- · 4 sundried tomatoes, chopped
- 1/2 cup crumbled feta cheese
- $\frac{1}{8}$ tsp. red pepper flakes
- 1/8 tsp. black pepper
- · Pinch of sea salt

Directions

- Cook pasta in boiling salted water until al dente. Drain and set aside.
- In a large bowl, combine the chickpeas, artichoke hearts (with oil from the jar), olives, sundried tomatoes, oregano, feta, and red pepper flakes. Toss to combine. Add the cooled macaroni and toss again.
- 3. Season with a pinch of salt and pepper to taste.
- 4. Serve immediately or keep in the fridge for up to five days.

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Foodie-guide

WCNY's monthly Foodie-guide looks at the best of PBS food content, recipes, cooking videos, and more!

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